



NEW HORIZON COLLEGE

MARATHAHALLI

Permanently Affiliated to Bengaluru North University,
Recognized by the Govt. of Karnataka Recognized under section 2 (f) of the UGC Act, 1956
Accredited by NAAC with 'A' Grade

Date:	28/02/2025
Timings:	10:00AM -11:30 AM
Event Name:	Guest Lecture
Guest Speaker:	Mr. Indra Kumar
Designation:	Practicing Advocate, High Court of Karnataka
Title:	Guardians of Justice: The Role of Human Rights in Protecting Freedom
Target Audience:	B.C. A
Venue:	Tejas Seminar Hall
Organized by:	Human Resource Protection Cell
Cell Head:	Ms. Serah Sudhin
Faculty Coordinator:	Ms. Kiruthiga. R
Title:	Guardians of Justice: The Role of Human Rights in Protecting Freedom

Brief description of the event:

The Human Rights Protection Cell organized a guest lecture on February 28, 2025, focusing on the role of Human Rights Commissions in safeguarding fundamental freedoms. The session provided an in-depth understanding of human rights and the legal frameworks established for their protection, as outlined in the Universal Declaration of Human Rights (UDHR).

The lecture highlighted the significance of the Protection of Human Rights Act of 1993, which led to the establishment of the National Human Rights Commission (NHRC) and State Human Rights Commissions (SHRCs) in India. The NHRC plays a crucial role in addressing human rights violations, ensuring justice, and recommending relief for victims. It has the authority to investigate cases of unlawful detention, custodial violence, bonded labour, child labour, and discrimination against marginalized groups, including SCs, STs, women, and the LGBTQ+ community.

Additionally, the NHRC is proactive in protecting the rights of children, elderly persons, and individuals with mental health conditions. It also monitors issues such as access to healthcare, education, and social security. The session emphasized the commission's role as a quasi-judicial body with the power to summon individuals, review complaints, and recommend action against human rights violations. Participants gained valuable insights into how complaints can be filed and the importance of awareness in upholding human rights.

Overall, the lecture reinforced the essential role of Human Rights Commissions in ensuring justice and equality in society.